

Play List for ROAD HOME Road #1064

Date: Mar 31.14 Mar30.15 PM

KIND	SELECTION	ARTIST	SOURCE	TIME
talk	on Fitter First exercise BALL CHAIR OPENING	bob		3:25
theme	Road Home theme	The McDades	Commissioned (Solon McDade)	0:16
poem	The Chair	Louis Jenkins	personal collection	0:54
talk	With Louis Stack of Fitter First	Bob	www.fitter1.com	1:08
	I'm Sitting On Top of the World	Harry Manx	Isle of Manx	3:17
	How Great Our Lord	Randy Newman w James Taylor	Faust	2:57
	Defying Gravity	Emmylou Harris	Quarter Moon In A Ten Cent Town	1:42
poem	Inscribed on a Prayer Wheel and Spun	William Stafford	(The Way It Is)	1:32
	Defying Gravity	Emmylou Harris	Quarter Moon In A Ten Cent Town	1:56
	Big Blue Ball	Various Real World Artists (Peter Gabriel)	Big Blue Ball	4:49
	Beachball	Dan Reeder	This New Century	1:57
poem	They Are Holding A Ball	Hafiz (Ladinsky)	(A Year with Hafiz)	1:17
	Bongo's Lament	Ted Tanner	From a Blue Room	3:20
poet	Ball Rolls On a Point	Kay Ryan	(poetryfoundation.org)	1:12
	Rocking Chair	Eric Bibb	Booker's Guitar	4:14
	Rockin` Chair	Maria Muldaur	I'm A Woman: 30 Years Of	3:45
poet	Sitting Together	Rumi - Coleman Barks	What Was Said to the Rose	1:34
	The Ballad Of Easy Chair	Jory Nash	Lo-Fi Northern Blues	4:09
talk	on 'sitting is the new smoking' poetry	bob		4:32
	The Mercy Seat	Johnny Cash	American III: Solitary Man	4:03
	Red Rocking Chair	Rani Arbo & Daisy Mayhem	Gambling Eden	3:04
poem	The Chairs That No One Sits In	Billy Collins	(Poetry magazine Nov 2008)	1:51
theme	Road Home theme	The McDades	Commissioned (Solon McDade)	1:00